

## HILLSBOROUGH COUNTY SCHOOLS STUDENT NUTRITION SERVICES LE READY TO SERVE SERVICES

Leeding thinks & Mind. Due Child At A Line		ELEMENTARY/MEDOLE READY TO SERVE FEBRUARY MENU		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST Eggo Mini Cinnamon Waffles w/ Syrup Breakfast Protein Bar 100% Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Cuban Sandwich Broccoli w/ Lite Ranch Dip Berry Blue Applesauce Assorted Low Fat Milk	BREAKFAST Assorted Cereal w/ Strawberry Grahams Peanut Butter & Jelly Bar 100% Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Tuscan Rotini w/ Meatsauce Seasoned Green Beans 100% Fruit Juice Assorted Low Fat Milk	BREAKFAST Mini Blueberry Pancakes w/ Syrup Whole Grain Muffin w/ Mozzarella String Cheese 100% Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Macaroni & Cheese Sweet Potato Bake Fresh Apple Slices Assorted Low Fat Milk	BREAKFAST Assorted Cereal w/ Strawberry Grahams Yogurt w/ Cinnamon Graham Crackers 100% Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Chicken & Yellow Rice Seasoned Black Beans Pear Fruit Cup Assorted Low Fat Milk	7 Florida State Fair
BREAKFAST Assorted Cereal w/ Strawberry Graham Crackers Breakfast Protein Bar 100% Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Turkey & Swiss Croissant Broccoli w/ Lite Ranch Dip 100% Fruit Juice Assorted Low Fat Milk	BREAKFAST Eggo Cinnamon Waffles w/ Syrup Peanut Butter & Jelly Bar 100% Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Chicken & Sausage Gumbo over Rice Fruited Gelatin BBQ Baked Beans Assorted Low Fat Milk	BREAKFAST Whole Grain Muffin w/ Colby Jack Cheese Assorted Cereal w/ Strawberry Graham Crackers 100% Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Chicken Pot Pie Honey Glazed Carrots Pear Fruit Cup Assorted Low Fat Milk	BREAKFAST Mini Blueberry Pancakes w/ Syrup Breakfast Protein Bar 100% Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Rosemary Garlic Chicken Loaded Mashed Potatoes Berry Blue Applesauce Fresh Baked Roll Assorted Low Fat Milk	BREAKFAST Eggo Cinnamon Waffles w/ Syrup Peanut Butter & Jelly Bar 100% Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Baked Ziti w/ Ground Beef Seasoned Green Beans Fresh Apple Slices Assorted Low Fat Milk
Presidents' Day Non-Student Day	BREAKFAST Eggo Cinnamon Waffles w/ Syrup Peanut Butter & Jelly Bar 100% Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Popcorn Chicken Sweet Kernel Corn Berry Blue Applesauce Cheez It Crackers Assorted Low Fat Milk	19 BREAKFAST Whole Grain Muffin w/ Colby Jack Cheese Assorted Cereal w/ Strawberry Grahams 100% Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Chicken Tetrazzini Cheesy Herb Broccoli Fruited Gelatin Assorted Low Fat Milk	20 BREAKFAST Mini Blueberry Pancakes w/ Syrup Breakfast Protein Bar 100% Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Sloppy Joe Sandwich BBQ Baked Beans Mixed Fruit Cup Assorted Low Fat Milk	BREAKFAST Assorted Cereal w/ Strawberry Grahams Peanut Butter & Jelly Bar 100% Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Pulled Chicken Sandwich Berry Blue Applesauce Cheesy Herb Broccoli Assorted Low Fat Milk
24 BREAKFAST Eggo Mini Cinnamon Waffles w/ Syrup	25 BREAKFAST Assorted Cereal w/ Strawberry Grahams	26 BREAKFAST Mini Blueberry Pancakes w/ Syrup	BREAKFAST Assorted Cereal w/ Strawberry Grahams	28 BREAKFAST Assorted Cereal w/ Strawberry Grahams
Breakfast Protein Bar 100% Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Cuban Sandwich Broccoli w/ Lite Ranch Dip Mixed Fruit Cup Assorted Low Fat Milk	Peanut Butter & Jelly Bar 100% Juice or Assorted Fruit Assorted Low Fat Milk LUNCH Tuscan Rotini w/ Meatsauce Seasoned Green Beans 100% Fruit Juice Assorted Low Fat Milk	Whole Grain Muffin w/ Mozzarella String Cheese 100% Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Macaroni & Cheese Sweet Potato Bake Fresh Apple Slices Assorted Low Fat Milk	Yogurt w/ Cinnamon Graham Crackers 100% Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Chicken & Yellow Rice Seasoned Black Beans Pear Fruit Cup Assorted Low Fat Milk	Breakfast Protein Bar 100% Juice or Assorted Fruit Assorted Low Fat Milk  LUNCH Popcom Chicken Fresh Orange Smiles Sweet Kernel Corn Mini Donut Holes Assorted Low Fat Milk